

PTCS 2022-2023

COVID-19 Safety Guidance and Updates

The PTCS COVID-19 Protocol is based on careful studies of government guidelines and medical professional input on what is most appropriate for each age group. This plan will remain in place until federal, state, and local governments advise otherwise.

I. MASK-OPTIONAL MODEL

Beginning the 2022-23 school year, PTCS does not require face masks or coverings for students and staff on campus. However, students should always keep extra clean masks in their backpacks if a situation calls for it.

PTCS Administration strongly encourages the use of masks, considering the community transmission of the school is high. PTCS serves many families that work in high-traffic and transmission areas such as nail salons, restaurants, and the health industry. The PTCS community also has members 60 years or older and staff with significant others at increased risk for severe reactions if infected with COVID-19. Therefore, students and staff are called to respect each other's choices.

Situations When a Mask/Face Covering Will Be Required:

In some situations, a student, staff member, or visitor will be required to wear a mask. This is for the safety of themselves and others.

- An individual exhibits primary COVID-19 symptoms (see symptoms below)
- An individual has been in close contact*; the individual must wear a mask for at least 5 days after COVID exposure. This includes students who shared a classroom with a COVID positive person.
- Indoor portions of school events for parents and visitors

*Close contact: Direct contact for over 15 minutes with someone with confirmed COVID-19.

PTCS may require masks in the future if the situation calls for it (community transmission level is high, surge in daily COVID cases and deaths, etc.).

Please call the office and email sladmin@puitakschool.org as soon as possible to report if your child has confirmed COVID-19 or has been in close contact with someone with confirmed COVID-19.

II. COVID TESTING & TRAVEL

COVID testing will be required for certain events and after major breaks, even if your child did not travel. These events include:

- First day of school
- Thanksgiving break**
- Winter break**
- Spring break**

**COVID testing will be provided by Aayu Clinics at the school.

A rapid COVID test (lab or home) is encouraged, but not required for families who travel on three-day weekends.

Mandatory weekly COVID testing may be necessary for the colder months. PTCS will collaborate with Aayu Clinics to provide COVID testing if health insurance is provided. If health insurance is not provided, please make your own arrangements to take a COVID test before arriving at school on-site.

III. SCENARIOS

1. Your child or household member tests positive

- 1) Report to sladmin@puitakschool.org as soon as possible.

- 2) Keep your child at home for at least 5 days, regardless of showing symptoms or not. Day 0 is the day symptoms start or the date of positive COVID test results.
- 3) The child can return to school starting day 6 **IF** the child has been fever free for at least 24 hours without the use of fever-reducing medication **AND** the child is free of symptoms. The child will have to wear a mask until day 10.
- 4) If the notification of a COVID-positive test is received during the school day, the affected child will be isolated immediately in the school office. Students and staff of that class will put on masks. Students can continue on-site learning and join extended day programs while properly wearing a mask.

Families of the affected class will be notified. A rapid test (lab or home) from classmates and related teachers will be required to return to school the following day. **When taking a home test, please write your child's name and the date on any home tests. Send test results to: covidtestresults@puitakschool.org.**

2. Your child is experiencing COVID-19 symptoms

- 1) Keep your child at home if he or she is experiencing any symptoms of COVID-19.
- 2) If the child displays symptoms during the school day, the child will be asked to wear a mask.
- 3) Parents will be called to pick up their child if he or she is experiencing symptoms. Please make sure to monitor your child every morning for any new symptoms.

Primary Symptoms of COVID-19

- Fever (temperature of 100.4° F or higher) or chills
- Muscle or body aches
- Cough
- Shortness of breath
- Loss of taste or smell
- Fatigue
- Sore throat
- Nausea or vomiting
- Diarrhea
- Headache
- Nasal Congestion or runny nose

3. 2 or more students in the same class have confirmed COVID-19 within the same time frame (outbreak)

- 1) All students in the class and related staff must take a rapid test (home and lab tests accepted) before returning on-site.
- 2) All students in the class and related staff will have to wear a mask for 10 days..
- 3) If the notification of a COVID-positive is received during the school day, students and staff of that class will put on masks. Students can continue on-site learning and join extended day programs while wearing a mask.
- 4) If any student has confirmed COVID-19, please check scenario 1. If any student shows symptoms, please check scenario 2.

IV. VISITORS

Any visitors staying on campus longer than five minutes are required to wear a mask. Parents and guardians are encouraged to drop off and pick up their child at the main entrance as the classroom will be open only for students and staff. Parent volunteers assisting at school events will be required to wear a mask during indoor portions, regardless of vaccination status. All requests to visit a classroom for longer than 5 minutes must be confirmed with the homeroom teacher and the Operations Manager ahead of time. Parents and designated personnel picking up their child are not required to wear a mask.

V. FIELD TRIPS

Students, staff, and chaperones will be required to wear a mask on public transportation and school buses to and from the field trip destination.

VI. RECOMMENDATIONS

1) Handwashing and Hygiene

Students and staff are encouraged to...

- Frequently wash their hands and/or sanitize (at least 70% ethyl alcohol), especially before all eating periods (wash hands for at least 20 seconds with soap and water, rubbing thoroughly)
- Avoid contact with one's eyes, nose, and mouth
- Cover coughs and sneezes

2) Cleaning

Students and staff are encouraged to...

- Keep learning areas and materials clean
- Regularly disinfect common surfaces (desks, tables, etc.)
- Cleaning staff will clean the center toys

Thank you for your continued partnership in combating COVID-19 at PTCS. We appreciate your efforts in keeping our students and staff safe for another school year!

2022-2023學年培德基督教學校 COVID-19安全指南更新

培德基督教學校的COVID-19協議一直以來是基於對政府指南的仔細研究和醫療專業人士針對每個年齡段提供最合適的建議。該計劃將保持有效直至聯邦、州和地方政府有另行通知。

I. 口罩選擇模式

從2022-23 學年開始，學生和學校員工不再被要求在校內佩戴口罩或面部遮罩。然而，所有學生都應在書包中預備額外的乾淨口罩，以便需要。

考慮到社區的高病毒傳播率，培德基督學校強烈鼓勵口罩的使用。我校服務的家庭中有許多在高人流和高傳播區域工作，例如美甲沙龍、餐館和健康行業。除此之外，我校也有60歲或以上的員工以及家中有健康易受影響成員的員工，這類人群如果感染 COVID-19，其發生嚴重反應的風險則會增加。然而，所有學生和員工都需要尊重彼此配戴口罩與否的選擇。

需要戴口罩/面罩的情況：

為了自己和他人的安全，在某些情況下，學生、工作人員或訪客將被要求佩戴口罩。

-個別出現COVID-19的主要症狀時(症狀請見下文)。

-個別曾與COVID-19患者有過密切接觸*，該個體必須在接觸COVID的日期後至少連續佩戴5天的口罩。這包括與 COVID 患者共享教室的學生。

-為家長和訪客舉辦的學校活動所使用的室內場地

*密切接觸: 與COVID-19確診患者直接接觸超過15分鐘。

根據情況需要，培德基督教學校將隨時規定佩戴口罩的要求(社區傳播水平變高、每日COVID病例和死亡人數激增，等等)。

如果您的孩子確診為COVID-19或與COVID-19確診患者有過密切接觸，請盡快通過致電辦公室和發電子郵件至 sladmin@putakschool.org 向學校報告。

II. COVID檢測和旅行

在某些活動上和重大假期之後，即使您的孩子未曾旅行，也需要進行COVID檢測。這些活動包括：

-開學第一天

-感恩節假期**

-寒假**

-春假**

**COVID測試將由Aayu診所在校提供

我們鼓勵家庭使用快速COVID測試(實驗室或家庭)，但對於在長週末(3天)期間旅行的家庭來說不是必需的。

在較冷的月份，學校可能需要每週進行強制性COVID測試。在家庭提供健康保險的情況下，培德基督教學校將與Aayu診所合作，為學生提供COVID測試。如有家庭未提供健康保險，請在返校前自行安排COVID測試。

III. 可能的情況

1. 如果您的孩子或家庭成員檢測結果呈陽性...

- 1) 請盡快通過電郵sladmin@putakschool.org向學校報告。
- 2) 無論是否出現症狀, 請將您的孩子留在家中至少5天。症狀開始的日子或COVID檢測結果呈陽性的日子被視為第0天。
- 3) 若您的孩子在沒有使用退燒藥的情況下至少有24小時沒有發燒, 並且沒有任何症狀的情況下, 方可在第6天開始返回學校。孩子必須配戴口罩直到第10天。
- 4) 若在校期間收到陽性COVID測試結果的通知, 受影響的孩子將立即被隔離在學校辦公室。該班的學生和工作人員將戴上口罩。學生可以在戴口罩的情況下繼續留校學習和參加課外活動。

所有受影響班級中的家庭將會收到通知。同學和相關老師需進行快速測試(實驗室或家庭版), 才可在第二天返校。進行家庭測試時, 請在結果中標明您孩子的名字和測試日期。請將所有結果發送至 covidtestresults@putakschool.org。

2. 如果您的孩子出現了COVID-19症狀...

- 1) 如果您的孩子有任何COVID-19的症狀, 請將他或她留在家裡。
- 2) 如果在校時出現症狀, 學校會通知家長來接他們的孩子。請確保每天早上監測您的孩子是否有新的症狀。

COVID-19的主要症狀

- 發燒 (体温为100.4华氏度或更高) 或发冷
- 肌肉或身体酸痛
- 咳嗽
- 呼吸急促
- 味觉或嗅觉丧失
- 疲劳
- 咽喉肿痛
- 恶心或呕吐
- 腹泻
- 头痛
- 鼻塞或流鼻涕

3. 如果同一個班級有2個或更多的學生在同一時間內確診為COVID-19(爆發)...

- 1) 該班所有學生和相關工作人員在返校前必須進行快速檢測(接受家庭和實驗室檢測)。
- 2) 該班的所有學生和相關工作人員都必須在第十天後配戴口罩。
- 3) 如果COVID陽性的通知是在上學期間收到的, 該班的學生和工作人員將戴上口罩。學生可以在戴口罩的情況下繼續現場學習和參加課外活動。
- 4) 如果有學生確診為COVID-19, 請參考情況1。如果任何學生出現症狀, 請參考情況2。

IV. 探訪者

任何拜訪培德學校的校外訪客, 如果滯留時間超過5分鐘, 則都需要在校內配戴口罩。由於教室只對學生和工作人員開放, 我們鼓勵家長和監護人在主樓門口處接送他們的孩子。協助學校活動的家長志願者, 無論是否接受過疫苗接種, 將須在校內佩戴口罩。所有要求拜訪教室超過5分鐘的校外人員必須提前與班主任和學校運營經理確認。家長和接送孩子的指定人員無需佩戴口罩。

V. 實地考察

學生、教職員工和監護人都必須在往返實地考察目的地的公共交通工具和校車上佩戴口罩。

VI. 建議

1) 洗手和衛生

我們鼓勵學生和教職員工...

- 經常洗手和/或消毒(至少70%的乙醇), 特別是在所有進餐時間之前(用肥皂和水洗手至少20秒, 徹底搓淨)。
- 避免用眼睛、鼻子和嘴巴接觸
- 咳嗽和噴嚏時以手掩蓋

2) 清潔

我們鼓勵學生和工作人員...

- 保持學習區域和材料的清潔
- 定期對常用設施的表面(書桌、桌子等)進行消毒
- 清潔人員將清潔學習中心的玩具

培德基督學校感謝所有的家庭持續的合作，以保證我們的學生和員工能夠度過一個安全的新學年！

感謝您與培德基督學校在對抗COVID-19 方面持續的合作。因著您的努力，我們的學生和教職員工才能夠安全地度過另一個學年！